



Challis Area Health Center

2022
ANNUAL
REPORT



A MESSAGE FROM OUR CEO

TO OUR COMMUNITY,

You might have seen some new phrases being used in relation to your healthcare. Phrases like **“Value Based Care”** and **“Value Based Reimbursement”** sprang out of the awareness among patients, providers, and health care payers that all areas of healthcare are touched by quality. The “value” in the care and reimbursement comes when CAHC helps patients improve the quality of their lives which then supports the overall health of our community. By putting an emphasis on identifying and utilizing best practices in how we provide healthcare services, our team focuses on assuring ongoing quality while continuing to look for ways to improve what we do every day.

There are two other healthcare phrases that relate directly to value-based care: **Patient Centered Medical Home (PCMH)** and **Annual Wellness Visit (AWV)**. These phrases are important because they relate directly to you as a patient. The Patient Centered Medical Home (PCMH) model puts the patient at the center of their care and promotes better relationships between patients and the medical care teams. CAHC worked hard to earn the PCMH designation because we understand the importance of linking primary care with specialty care and integrating Behavioral Health into both, in order to provide the highest quality outcomes for our patients. The Annual Wellness Visit is the way our team links all elements of the patient’s care together because it helps our providers understand what’s working for you as both a patient and a person, and how to best support your continued health and wellbeing. Our goal is high value care provided at lower cost to better-informed patients, which we believe will lead to greater patient satisfaction. When we succeed at doing that on the patient level, our whole community benefits.



Steve Rembelski, CEO



CAHC BOARD OF DIRECTORS NCHD BOARD OF TRUSTEES

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NCHD Board Trustee

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CAHC Board Director

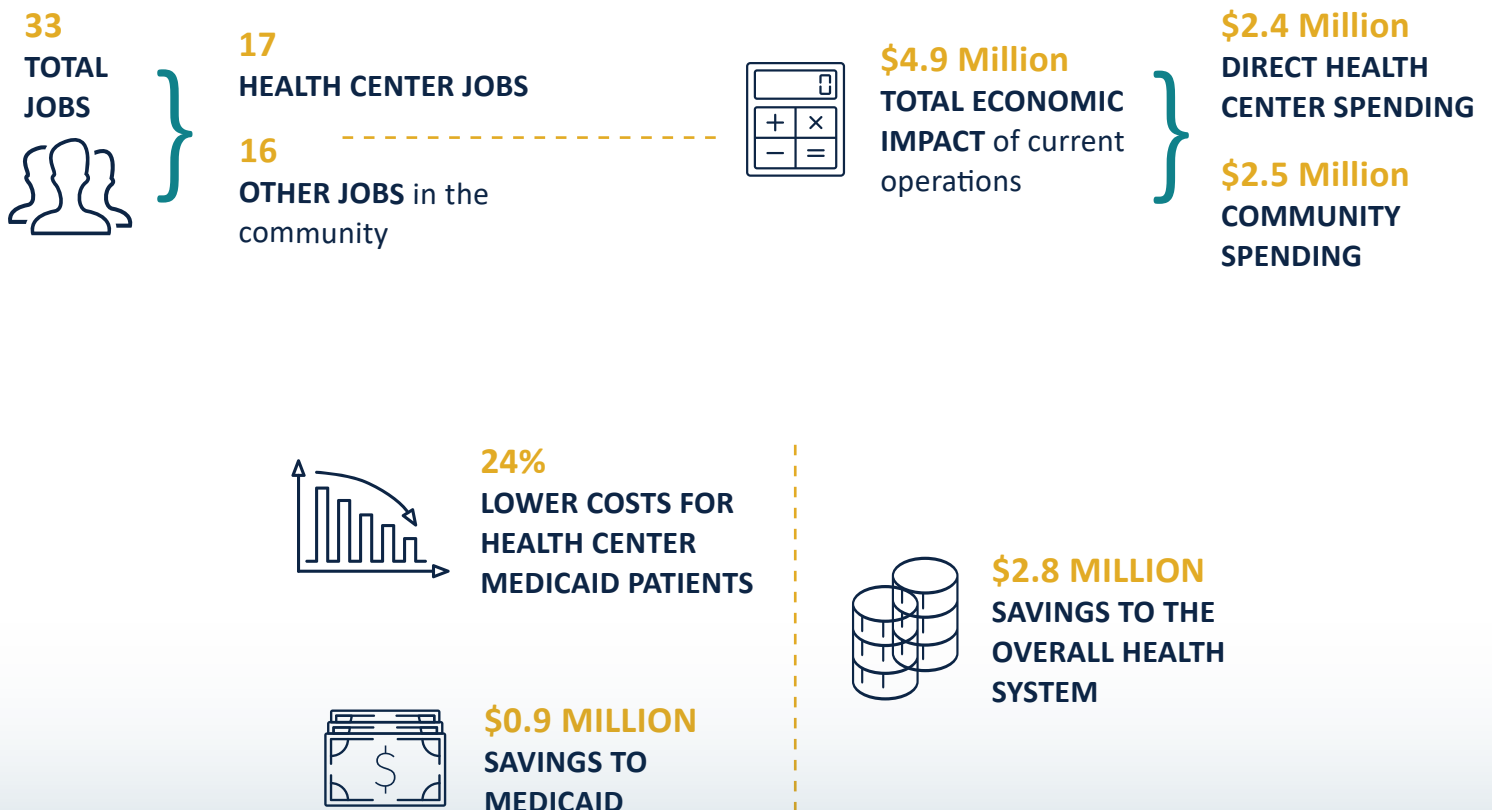
Value-Based Care

Value-based care is a simple and proactive concept of improving care for patients. Challis Area Health Center wants to make healthcare proactive instead of reactive, preventing problems before they start. Overall wellness, quality of care, and preventive screenings all are key to bringing about better healthcare outcomes. With its core based on overall wellness and preventive treatments, value-based care improves healthcare outcomes and reduces costs.

Preventative care reduces the need for expensive tests, procedures, and medications. With the concept of value-based care, Challis Area Health Center will get paid based on outcomes, not on numbers of procedures done, patients seen, or how much they are charged. You staying well cuts healthcare costs for everyone.

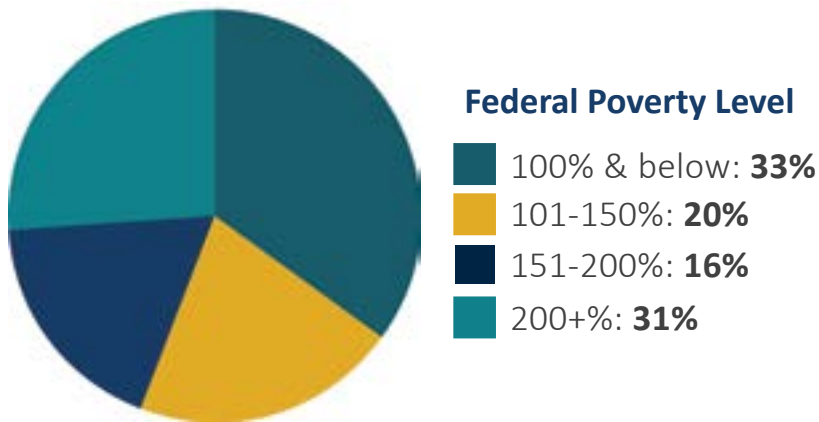
Ultimately, value-based care aims to help more Idahoans become and remain healthy for the long-term, while also slowing the dramatic increase in health care costs seen in recent years.

Impact to the Challis Community

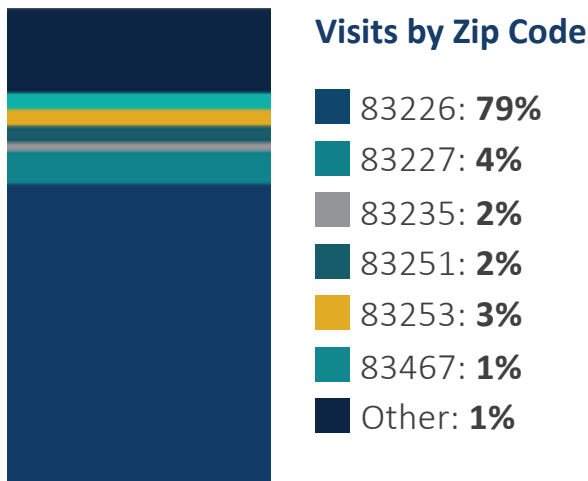
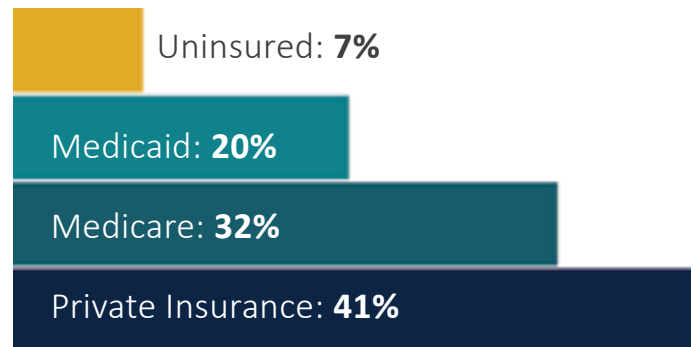


PATIENT DEMOGRAPHICS

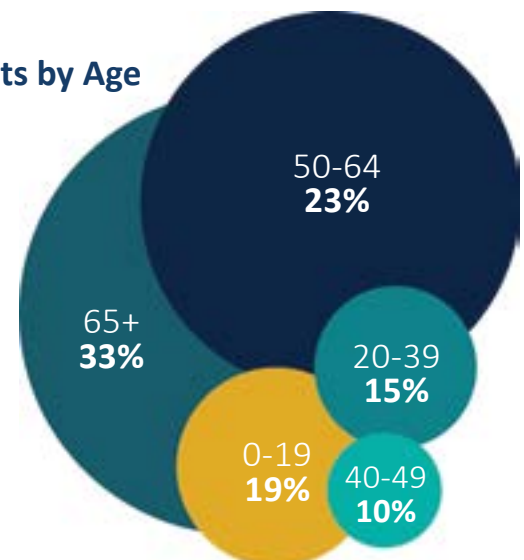
CAHC provided care to **1,852** patients, totaling **6,045** encounters



Insurance Status



Visits by Age



We accept all patients regardless of their ability to pay. We offer a Sliding Discount Program for those patients who might need financial assistance.

ANNUAL WELLNESS VISITS

Value Based Care and Annual Wellness Visits

Christie Ollar, LPN serves as the Quality Manager at the CAHC. In that role, she is responsible for coordinating all the different elements of the health center's robust Quality Assurance/Quality Improvement Program. We asked her to share her thoughts about why it is important for our patients to get their Annual Wellness Visits done.

Here's what she said:

"It's About Keeping Our Patients Healthy!

Annual Wellness Exams are at the center of providing preventative care to our patients.

By looking at the patient's medical history as well as their family history, we can help them increase their quality of life by identifying those things that might predispose them to disease or illness.

We use the information at an Annual Wellness Visit to develop a personalized plan for that patient that lists their risk factors and treatment options, creates achievable health goals, provides screening for preventative services, and even helps them with advance care planning as needed."



CHRISTIE OLLAR, Quality Manager

**Annual Wellness Visits are focused on the Whole Person
Mental and Physical.**

SERVICES



Daniel Fife, PA-C



Chad Banks, PA-C



Miles Haeberle, PA-C



Max Smith, PA-C



Kathryn Woods, MD



Richard Paris, MD

Health care

- Chronic care management (diabetes, high blood pressure, COPD, depression, etc.)
- Physicals (yearly physical, sports, DOT, FAA, employment)
- Medicare visits (welcome to Medicare and annual wellness visits)
- Women's health (pap tests and pregnancy care)
- Pediatric care (newborn through adolescent, well child checks)
- Acute care (illnesses such as sore throat, infections, cellulitis, pneumonia)
- Procedures (warts, skin tags, toenail removal, and foreign body removals)
- After hours care available



Gay Miremont, LCSW

Behavioral Health

- Counseling for teenagers and adults
- Bipolar Disorder
- Depression, anxiety, stress, grief, PTSD
- Substance Abuse Cessation (tobacco, alcohol, drug)



Marla Andrews, LPC



Rose Chef, CHW

Financial Assistance

- Medicaid enrollment
- Application for our Sliding Discount
- 340B program for reduced costs through our Sliding Discount

Community Health Services

- Helps to coordinate needed assistance (transportation, food, etc.)

NCHD Emergency Medical Services

North Custer Hospital District (NCHD) Emergency Medical Services (EMS) is a Basic Life Support (BLS) agency that provides 911 emergency medical services for 3,200 square miles of northern Custer County. North Custer Ambulance staff consists of part-time paid EMTs and Challis Area Health Center's physician assistants who serve as Ambulance Based Clinicians (ABCs). We pride ourselves on providing timely and appropriate emergency care for patients in our area of service.



Ambulance

276 Total patient contacts



Careline

890 Total calls



Careline

285 Total visits



NCHD FINANCIALS

REVENUE	FY 2020-2021	FY 2021-2022
Fee for Service (net)	\$ 104,551	\$ 108,113
Contributions & Grants	\$ 1,733,305	\$ 1,595,751
Investment Income	\$ 3,466	\$ 4,546
Tax Revenue	\$ 152,487	\$ 167,028
Transfer of Federal Funding to CAHC	\$ (1,695,336)	\$ (1,573,633)
TOTAL REVENUE	\$ 298,473	\$ 301,805
EXPENSES		
Program Salaries & Benefits	\$ 80,272	\$ 108,765
Program Expenses	\$ 169,406	\$ 193,459
Management/General	-	-
TOTAL EXPENSES	\$ 249,678	\$ 302,224
CONSOLIDATED STATEMENT OF FINANCIAL POSITION ASSETS		
Current Assets	\$ 847,743	\$ 922,860
Other Assets	\$ 899,782	\$ 845,966
TOTAL ASSETS	\$ 1,747,525	\$ 1,768,826
LIABILITIES & NET ASSETS		
Current Liabilities	\$ 37,906	\$ 55,778
Other Liabilities	-	-
TOTAL LIABILITIES	\$ 37,906	\$ 55,778
DEFERRED INFLOWS OF RESOURCES	\$ 111,975	\$ 115,823
NET ASSETS		
Restricted	-	-
Unrestricted	\$ 1,597,644	\$ 1,597,225
TOTAL NET ASSETS	\$ 1,597,644	\$ 1,597,225
TOTAL LIABILITIES & NET ASSETS	\$ 1,747,525	\$ 1,768,826

CAHC FINANCIALS

REVENUE	FY 2020-2021	FY 2021-2022
Fee for Service (Net)	\$ 1,298,051	\$ 1,558,960
Contributions & Grants	\$ 277,678	\$ 334,447
Investment Income	\$ 12,327	\$ 10,425
Transfer of Federal Funding to NCHD	\$ 1,695,336	\$ 1,573,633
TOTAL REVENUE	\$ 3,283,392	\$ 3,477,465

EXPENSES

Program Salaries & Benefits	\$ 1,649,011	\$ 1,856,833
Program Expenses	\$ 511,008	\$ 586,639
Management/General	-	-
TOTAL EXPENSES	\$ 2,160,019	\$ 2,443,472

CONSOLIDATED STATEMENT OF FINANCIAL POSITION ASSETS

Current Assets	\$ 1,452,743	\$ 2,168,818
Other Assets	\$ 781,597	\$ 1,157,068
TOTAL ASSETS	\$ 2,234,340	\$ 3,325,886

LIABILITIES & NET ASSETS

Current Liabilities	\$ 89,453	\$ 147,006
Other Liabilities	-	-
TOTAL LIABILITIES	\$ 89,453	\$ 147,006

NET ASSETS

Restricted	-	-
Unrestricted	\$ 2,144,887	\$ 3,178,880
TOTAL NET ASSETS	\$ 2,144,887	\$ 3,178,880

TOTAL LIABILITIES & NET ASSETS	\$ 2,234,340	\$ 3,325,886
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PARTNERS

The Challis Area Health Center, as a non-profit organization, and the North Custer Hospital District, as a State of Idaho taxing entity, both rely on revenue from Medicaid, Medicare, private insurance companies and private payors to help support operations. Community philanthropy, in the form of in-kind donations and financial contributions from individuals, corporations and foundations, is also a valuable sort of support for our programs. We look forward to continuing meaningful relationships with these partners:

Eastern Idaho Public Health

Helping Hands

Custer Economic Development Association

Challis School District #181

Church of Jesus Christ of Latter Days Saints- Challis

Mountain Valley Baptist Church

Challis Senior Center

Custer County Sheriff's Office

Idaho State Police

Personal Sportswear

Challis Mission Church

Other Community Partners

Idaho Community Health
Center Association

Regional Air Ambulance
Services

Idaho Department of Health
and Welfare

Idaho Emergency Medical
Services Bureau



611 Clinic Road,
Challis ID 83226
(208) 879-4351
www.cahcinc.com

Richard F. Paris, MD
Kathryn Woods, MD
Gay Miremont, LCSW
Marla Andrews, LPC
Chad Banks, PA-C
Danny Fife, PA-C
Max Smith, PA-C
Miles Haeberle, PA-C
Rose Cheff, CHW



Challis Area Health Center

Monday, Tuesday, Thursday & Friday 8:30 am - 5:30 pm

Wednesday 7:00 am - 5:30 pm

If you require medical assistance outside our regularly scheduled business hours or on weekends, please call our

After Hours Care Line
(208) 879-1111

If you are having a medical emergency dial 911



Challis Area Health Center, Inc. is a Federally Qualified Health Center (FQHC) and receives federal HHS funding through its designation as a Section 330 community health center. Related to CAHC's status as an FQHC, CAHC has federal Public Health Service (PHS) deemed status with respect to certain health or health-related claims, including medical malpractice claims for itself and its covered individuals (i.e., covered by the Federal Tort Claims Act/FTCA). For more information, please visit [HRSA.gov](https://www.hrsa.gov).